

2023

**TPTA ANNUAL CONFERENCE
ATTENDEE PROSPECTUS**

KALAHARI RESORTS &
CONVENTIONS
Round Rock, TX

welcome

The Texas Physical Therapy Association welcomes you to the 2023 Annual Conference at the Kalahari Resorts and Conventions in Round Rock, Texas.

Our schedule includes an exciting keynote speaker and presentations from a long list of speakers. Their willingness to share their knowledge and experience and your attendance makes this event possible.

HOTEL AND CONVENTION CENTER

Kalahari Resorts and Conventions
3001 Kalahari Blvd
Round Rock, TX 78665

ROOM BLOCK INFORMATION

By Phone: 512.651.1000

Online: [Book Here](#)

ROOM RATES

Standard Double: \$209

(up to 4 guests, additional guests can be added.
Includes waterpark pass)

**Please note the Kalahari is a cashless property*

***Self-Parking is free*

REGISTRATION INFORMATION

Registration opens August 1, 2023

Early-bird Registration closes on 8/31

Regular Registration closes on 10/6

Visit <https://tpta.memberclicks.net/annual-conference-2023> regularly for the most recent information

COURSES

BRIDGING THE GAP BETWEEN PAIN SCIENCE AND CLINICAL PRACTICE: A PRIMER FOR BPS FRAMEWORK INTO PT PRACTICE

Dr. Marcos Lopez PT, DPT, OCS, TPS, FAAOMPT

8AM-11AM, 3CCUs

The science of understanding and explaining pain has undergone explosive growth over the last 20+ years. Biomedicine and physical therapy have been relatively slow adopters of the most up-to-date and current understanding of pain. The goal of this course is to expose you to the most current understanding of pain and how to implement a biopsychosocial (psychologically informed PT care) framework into your examinations within our Physical Therapy scope of practice. Pain is the number one reason patients access physical therapy care, and modern practitioners need to have a solid understanding of how to best understand it from the patients perspective.

INTRODUCTION TO EXTRACORPOREAL MEMBRANE OXYGENATION FOR THE REHABILITATION PROFESSIONAL

Erica Colclough, PT,MSPT, Board-Certified Cardiovascular and Pulmonary Specialist

8:30AM-10:30AM, 2CCUs

This course is designed to provide the rehabilitation professional with comprehensive knowledge and practical clinical skills to safely manage the complex patient population supported on extracorporeal membrane oxygenation (ECMO). The course will provide a didactic overview of foundational cardiac/pulmonary principles, common critical care support lines/devices, ECMO physiology(VA, VV, and hybrids), and mobilization strategies specific to patients on ECMO.

PILATES: AN EVIDENCED-BASED PROCEDURE FOR PHYSICAL THERAPY

Brent Anderson PT, PHD, OCS, NCPT

8:30AM-11:30AM, 3CCUs

Pilates recently was listed as one of the top three treatments for Chronic Low Back Pain in the British Journal of Sports Medicine. Physical therapists that own the role of pathokinesiologist or the movement specialist in medicine, have a clear directive, that any pathology that impairs movement is our specialty. This course is built on this premise and will provide insight of how Evidence-based Pilates is a powerful tool providing positive movement experiences for all movement impairments. Discover the unique properties of Pilates as it relates to physical therapy.

COURSES

PRESCRIPTIVE EXERCISE DOSING: FACTORS THAT EXPEDITE OUTCOMES AND PATIENT ENGAGEMENT

Zachary Kovacevic, PT, DPT, OCS, FAAOMPT

9AM-11AM, 2CCUs

This course will help learners identify the nuances and clinical reasoning strategies behind prescriptive intervention dosing for those with various orthopedic conditions.

AWESOME WAYS TO RECRUIT PTS TO YOUR CLINIC THROUGH CLINICAL AFFILIATIONS!

Christy Gantt, DPT, Director of Clinical Education and Clinical Associate Faculty, Emily Sandvall, MEd, Director of Clinical Operations and Emily Whiddon, Assistant Director of Clinical Procurement and Placement

9AM-11AM, 2CCUs

To present an overview of the evolving collaboration between the Doctor of Physical Therapy (DPT) Department and the Career Center Department at Baylor University (BU) with our amazing clinical partners. This exciting and unique partnership was developed to continually serve our students, support our clinical partners, and enhance collaboration and communication from clinical experiences to employment. DPT Clinical Education has always looked to enhance student and clinic support during all aspects of clinical education, which is challenging due to limits on resources of personnel, time, and funding. An evolving collaboration between the DPT program and existing university career services has continually grown into a strong network which better supports DPT students throughout their academic tenure, to graduation and beyond, and assists clinical partners in their recruitment of amazing new practitioners. In addition to their valued collaboration in training students to be strong future clinicians, clinic sites are also provided with unlimited free recruitment postings and participation in virtual career fairs at no charge through both the DPT department and the university.

MINORITY MAJORITY: A HOLISTIC ADMISSIONS SUCCESS STORY

Suzy Okere, PT, PhD, Leeda Rasoulia, PT, DPT, FAAOMPT and Damian Rodriguez, PT, DPT, NCS, GCS

9AM-11AM, 2CCUs

According to the American Physical Therapy Association (APTA), APTA is committed to increasing diversity, equity, and inclusion (DEI) in the association, profession, and society. APTA also states improving DEI requires intentional action across our profession and association action by organizations and individuals. The purpose of this course is to present an intentional, practical approach to holistic admissions using the American Council of Academic Physical Therapy's (ACAPT) Excellence Framework for Physical Therapist Education. The holistic recruitment, applicant review, and retention practices for a PT program will be presented with emphasis on the holistic applicant review process. Specific outcomes will be discussed for the last 5 cohorts, including the most recently admitted cohort, which includes 62.7% ethnic/racial minorities, 27.9% first generation students, and 11.6% veterans. The Commission on Accreditation in Physical Therapy Education's (CAPTE) Physical Therapist Education Programs Fact Sheet will be discussed to compare the national averages to this program's holistic admissions outcomes. Other outcomes including retention rates, clinical pass rates, final GPAs, and 1st time NPTE pass rates will be presented. Holistic recruitment/retention strategies and initiatives for future implementation will be discussed.

COURSES

ORTHOTIC MANAGEMENT OF SOFT TISSUE DYSFUNCTIONS

Robert Meier, CO

12PM-2PM, 2CCUs

Any number of orthotic interventions are available to help in the healing process of lower quarter soft tissue injuries and dysfunctions such as insertional Achilles Tendinopathy or Posterior Tibialis Tendon Dysfunction leading to Adult Acquired Flatfoot. Medical evidence shows that many traditional devices can weaken already weak structures and, in the process, inhibit healing. This course summarizes 37 published references regarding disruption and healing of Insertional Achilles Tendinopathy and describes evidence relating to soft tissue healing. The presentation leads to providing guidance on which evidence-based intervention would create the best orthotic environment for healing for various soft tissue dysfunctions.

IMPROVING OUTCOMES AFTER RADICAL PROSTATECTOMY USING INTENSIVE PELVIC FLOOR MUSCLE TRAINING AND TRUNK STABILIZATION

Susan Doherty, PT, DPT, Cert. MDT, TPS and Samit D. Soni, MD

12PM-2PM, 2CCUs

Supervised pelvic floor muscle training has been shown in the latest Cochrane review to be more effective than unsupervised pelvic floor muscle training for urinary incontinence after radical prostatectomy. High intensity pelvic floor muscle training has been shown to be effective for both urinary incontinence and erectile dysfunction. However, engaging the pelvic floor can be very difficult and painful for patients, post radical prostatectomy. Recently, the literature demonstrated the utility of training the trunk stabilization muscles as an alternative to urinary incontinence with similar outcomes to pelvic floor muscle training for urinary incontinence. This course will inform the attendee on novel ways to train both the pelvic floor, and trunk stabilization muscles to increase outcomes post radical prostatectomy.

PRISM: PAIN RECOVERY AND INTEGRATIVE SYSTEMS MODEL: A WHOLE HEALTH APPROACH FOR PHYSICAL THERAPY

Janet R. Bezner, PT, DPT, PhD, FAPTA Chair - Department of Physical Therapy and Joe Tatta, PT, DPT

12:30PM-2:30PM, 2CCUs

Approximately 20% of American adults experience pain daily. In response to increasing prevalence, the Academy of Orthopaedic Physical Therapy (AOPT) supports advances in modern pain management. Likewise, the National Institutes of Health Federal Pain Research Strategy (FRPS) prioritizes advancements and implementation of research addressing the public health crisis and individual burden of pain. This session introduces participants to PRISM: Pain Recovery and Integrative Systems Model. Although the biopsychosocial (BPS) model is currently the most commonly used approach to understanding the multidimensional nature of pain, it originated outside the physical therapy profession 50 years ago and now faces both conceptual and pragmatic criticism, including over or under-emphasis of physiological, psychological, and/or social factors pertaining to the pain experience. In contrast, PRISM is a whole-person health model specifically designed for physical therapist practice and education. Rather than focusing on pathology or impairments, PRISM promotes health, resilience, and personal growth to facilitate pain recovery, providing a framework for PT clinical decision-making. Participants will leave this session with an understanding of PRISM's foundational theories, applications, and alignment with national (NIH Heal Initiative) and international (International Association for the Study of Pain) research and educational initiatives advancing our understanding and management of pain.

COURSES

MNEMONICS IN LEARNING: USING MNEMONICS TO HELP RETAIN ANATOMICAL KNOWLEDGE

Janelle O'Connell, PT, DPT, PhD, LAT and Marsha Rutland, PT, BSPT, MEd, ScD, OCS, COMT, C-DN, CSCS **12:30PM-2:30PM, 2CCUs**

Anatomy is a foundation for the physical therapist. This course is designed to facilitate student learners in retaining anatomical knowledge. The depth, speed, and complexity of clinical anatomy for DPT students, especially when taught in a condensed format, requires creativity to enhance retention, recall, and application. Speakers will provide anatomical teaching strategies that can be used in the classroom, laboratory, or clinic to facilitate learning. Using mnemonics, attendees will apply hands-on strategies and mnemonics to learn different concepts important to understanding varied anatomical principles, including, but not limited to, musculoskeletal, neurological and visceral anatomy. Evidence-based research will support mnemonic learning strategies, which will be demonstrated and then practiced in a group setting. The session will include small-group discussion/ development and application of different mnemonics to teaching and patient care.

PATHWAYS, PITFALLS AND TRADEOFFS: PERSONAL FINANCE FOR EARLY CAREER PTS

David Browder, PT, DPT, OCS (emeritus) **12:30PM-2:30PM, 2CCUs**

This course will highlight key challenges today's graduating PT students and early career physical therapists face. We will explore common pitfalls and learn strategies to achieve personal financial goals.

CLINICAL INSTRUCTOR CERTIFICATION, PART II

Misty Miller, PT, DPT - Assistant Professor and DCE and Kristi Trammell, PT

1PM-5PM

This onsite course leads to a certification as a clinical instructor from the Texas Consortium for Physical Therapy Clinical Education, Inc. Part I is an online pre-requisite course (approved for 6 CCUs). Registration for the online course is at www.texasconsortium.org under "Courses."

CARDIOPULMONARY EXERCISE PRESCRIPTIONS FOR PATIENTS WITH NEUROLOGIC CONDITIONS

Bobby Belarmino, PT, DPT, PhD, CCS, Rajashree Mondkar, PT, MSPT, CCS and Trianna Warkentin, PT, MS, NCS **3PM-5PM, 2CCUs**

In today's healthcare environment, physical therapists have a vital role in reducing hospital readmissions and improving quality of life by providing effective and efficient exercise prescription using up-to-date clinical practice guidelines and current evidence. This course will address the risk factors and comorbidities associated in patients with neurological conditions. It will also discuss the current literature on the importance of cardiorespiratory fitness and useful interventions for daily practice across the continuum of care.

COURSES

MOVING FORWARD OVERGROUND AND IN PRACTICE: MAXIMIZING LOCOMOTOR RECOVERY IN INDIVIDUALS WITH NEUROLOGIC CONDITIONS

**Elizabeth “Libby” Anderl, PT, DPT, Melissa Mitchell, PT, DPT and
Lauren Szot, PT, DPT, NCS**

3PM-5PM, 2CCUs

The Academy of Neurologic Physical Therapy (ANPT) published a position paper in 2021, “Moving Forward”, and is currently supporting a national campaign, ‘Evidence Elevates’, to urge physical therapists to use evidence-base practice interventions when treating individuals with neurologic conditions. Clinical practice guidelines (CPGs) have been published to assist professionals, student physical therapists, and student physical therapist assistants in decreasing unwarranted variations in practice. This course will review the Clinical Practice Guideline to Improve Locomotor Function as well as other available evidence supporting the use of walking training interventions at moderate to high cardiovascular intensities for individuals with neurologic conditions across the continuum of care. Attendees will develop strategies to successfully implement the best practice recommendation of high intensity gait training through use of case studies, videos, and available resources. This course will include considerations for implementation of practice recommendations into entry-level curriculum and clinical education.

OPTIM MANUAL THERAPY SPECIAL PRESENTATION

Jennifer Frerich PT, DPT, OCS, FAAOMPT and Dana Tew, PT, DPT, OCS, FAAOMPT

3:30PM-5PM

OPTIM Manual Therapy will be hosting a free presentation and lab discussing various peripheral and spinal manual therapy techniques. Come learn or refine your manual therapy skills including thrust and non-thrust techniques. This session is available to PT's, PTA's, and all students welcome.

COURSES

DEVELOPING CLINICAL EXCELLENCE: FROM NEW GRAD TO LEADER

Ben Morgan PT, DPT, ATC, LAT, OCS, TPS, FAAOMPT

10AM-12PM, 2CCUs

This course will highlight key challenges facing employers as they bring on new staff. We will explore common misconceptions held by both employers and employees, how to find alignment, how to provide feedback and how to equip clinicians to become the next generation of leaders.

JUMPING AT THE CHANCE: PLYOMETRIC TRAINING IN OLDER ADULT POPULATIONS

Heidi Moyer, PT, DPT, GCS, CEEAA

10AM-12PM, 2CCUs

Across practice settings, physical therapy practitioners are chronically under-dosing skilled exercise interventions despite overwhelming evidence that highlights the benefits of moderate to high intensity in most patient populations. As movement system experts, physical therapy professionals should be the leading force in exercise prescription using the FITT-VP principle. However, when combined with psychosocial factors such as ageism, poor health literacy, and other determinants of health aging, older adults are not receiving the care they require or deserve. This course is designed to challenge the biases of society and clinicians that impair their ability to properly prescribe effective exercise interventions through the lens of an ill-perceived “high-risk” activity: plyometrics. Being able to appropriately prescribe and execute high velocity movements is essential to the rehabilitation of older adults and the research has demonstrated these techniques to be safe and efficacious, even in high-risk populations such as those with osteoporosis.

THERAPEUTIC YOGA WORKS: AN INTEGRATIVE APPROACH TO IMPROVE FUNCTIONAL MOBILITY AND PROMOTE FREEDOM FROM SPINE PAIN

Nydia Tijerina Darby, PT, DPT, CIAYT, ERYT500

10AM-12PM, 2CCUs

This course will allow the clinician to experience therapeutic yoga practices that are tailored to meet the needs of patients who are experiencing chronic spine dysfunction. The participants will have the opportunity to review the current research results and literature demonstrating the benefits of therapeutic yoga that has been developed by an integrative physical therapist over the course of forty years. The Therapeutic Sun Salutation™ (an accessible variation of a common practice in traditional Yoga movement practices) and gentle breath centered therapeutic yoga practices will be showcased and presented as an integrative approach to the treatment of chronic spine instability. The participants will be encouraged to participate at their own level with guidance by the instructor to encourage a positive experience. These functional practices have been modified by an Integrative Physical Therapist to draw out the therapeutic potential and make them accessible to all levels of patients who may be experiencing chronic spine dysfunction. Special emphasis will be placed on the Therapeutic Sun Salutation™ and its impact on improving whole body mobility to make transfer down to floor and back up to standing accessible for patient health and safety. Attendees will explore how variations of gentle therapeutic yoga practices can be incorporated into therapeutic exercise programming for the clinic and or hospital setting, and how the practices can be used as a tool that empowers and can positively impact QOL and function in their spine rehabilitation patients.

COURSES

THE PHYSICAL THERAPIST'S ROLE IN SUPPORTING BREASTFEEDING AS A FIRST MOVEMENT MILESTONE

Dr. Kristi Hammerle, PT, DPT, CBS and Allyson Wessells, PT, MPT, IBCLC

10AM-12PM, 2CCUs

The American Academy of Pediatrics recommends breastfeeding as a foundation for wellness and prevention. Many infants experience difficulties initiating and maintaining breastfeeding due to factors that a physical therapist is well suited to address. Frequently, this population is being referred to other healthcare professionals for breastfeeding dysfunction associated with plagiocephaly, torticollis, ankyloglossia, and other neurodevelopmental impairments. Physical therapists have a unique understanding of musculoskeletal and neuromotor development that can be used to enhance this first movement milestone. This session will focus on the physical therapy professional's role in helping families achieve breastfeeding success in collaboration with lactation consultants. The speakers will explain the physiology and biomechanics of breastfeeding, and how physical therapists can identify and treat impairments that impede the movement needed for this process. The scope of practice applies particularly to pediatric developmental, pediatric orthopedic, and women's health practitioners. Early professionals and students will benefit from the knowledge of this as an option for practice. All will benefit from the knowledge of when and how to collaborate with their local lactation professionals/support persons.

HELP! MY PATIENT HAS CHRONIC DIZZINESS, WHAT DO I DO?,

Anna Mangano, PT, DPT, NCS, AIB-VAM

12:30PM-2:30PM, 2CCUs

The purpose of this course is to introduce relevant research on chronic dizziness in order to improve understanding of how to treat this population. The focus will be on chronic conditions like Perceived Postural Perceptual Dizziness, Vestibular Migraines, and Motion Sensitivity. The course will introduce basic vestibular treatment, then move into an expert opinion on the most effective way to address chronic dizziness.

PREPARING TEXAS PTS FOR REFERRAL FOR IMAGING: KEY COMPETENCIES FOR EDUCATORS AND CLINICIANS

Brian Young, PT, DSc

12:30PM-2:30PM, 2CCUs

At least 10 jurisdictions in the US allow physical therapists to refer patients for diagnostic imaging, with more states pursuing practice act changes or favorable interpretations of existing regulatory language. Texas is not one of the jurisdictions. The Commission on Accreditation of Physical Therapy Education requires imaging content as a criterion standard but without specific direction. Existing evidence indicates remarkable inconsistency among educational program curricula resulting in inconsistent practice. Therefore, this course is designed to establish initial competencies in two audiences: prepare faculty to educate future clinicians regarding appropriate utilization of diagnostic imaging; and, to educate current clinicians on advances in application of diagnostic imaging principles for current and future practice. To accomplish these purposes simultaneously, this course will discuss current challenges in the use of diagnostic imaging across the health profession; provide instruction and case simulations for writing referrals/recommendations for imaging as well as for communication with clients; discuss results integration to clinical practice; and, review differential diagnostic and risk management strategies for appropriate use of diagnostic imaging.

COURSES

EXPERIENCE: HOW THE ROLES WE PLAY CREATE CHANGE, IMPROVE CARE, AND SUSTAIN PASSION

Elise Tamburelli PT, DPT, OCS, CSMT, FAAOMPT

12:30PM-2:30PM, 2CCUs

This course will outline different roles we play as physical therapists throughout our careers, from new grad to mentor, while highlighting what skill and success can look like in each role - for both the patient and the clinician.

THE MOVEMENT SYSTEM IN GERIATRIC PHYSICAL THERAPY

Myles Quiben, PT, PhD, DPT, MS, FNAP

12:30PM-2:30PM, 2CCUs

The physical therapy profession has been discussing the movement system as its primary focus for many years. Although many physical therapists agree that they are "movement experts," the framework centered on movement, diagnostic labels, and interventions is still a work in progress. Physical therapy academies and subspecialties have proposed movement system models and diagnoses, but these models fail to consider the complexities of aging that influence movement. Age-related changes come with changes in motor control and movement performance, which are further complicated by external and internal factors like cognitive deficits and depression, mobility limitations, pharmacologic agents, multimorbidity, pain, changing needs and goals, and social determinants of health. The APTA Geriatrics Movement System Taskforce developed a movement system framework for geriatric physical therapy scaffolded in the 5M of Geriatrics (mind, mobility, medications, multimorbidity, matters most). This presentation will provide updates on the movement system, describe how its use is relevant to physical therapy for aging adults, and provide practical considerations of an examination framework applicable for aging adults that considers movement at its core.

PROVIDER SUSTAINABILITY: HOW TO INFLUENCE LONGEVITY AND PREVENT CALCIFICATION IN PHYSICAL THERAPISTS.

Alyson Ellis, PT, DPT, OCS, ACC

1PM-4PM, 3CCUs

This course will focus on how to operate as a sustainable healthcare provider, despite the many influences that increase the risk of calcification and burnout.

PELVIC FLOOR THERAPY'S IMPACT ON URINARY INCONTINENCE

Apurva B. Pancholy, MD, FPMRS and Gail Zitterkopf, PT, DPT, CLT

3:15PM-5:15PM, 2CCUs

Pelvic health is an important specialty within the realm of physical therapy. Pelvic health is often overlooked by society, yet urinary incontinence may be the reason for a slip or fall. This lecture will provide physical therapy professional basic skills necessary to screen for urinary incontinence (UI) to assist all therapist to decrease the risk of falls caused by UI. Further, it will provide framework to treat patients with pelvic health dysfunction with primary emphasis on under active pelvic floor muscle conditions.

COURSES

MAXIMIZING ACUTE CARE FUNCTIONAL OUTCOMES FOR AGING ADULTS

Austin Alexander, PT, DPT, PhD(c), Ann Pharr, MS, PT, ScD, GCS, Tania Tablinsky, PT, DPT and Ann Wilkes, PT, DPT
3:15PM-5:15PM, 2CCUs

Given the current health care environment as well as identified risks to hospitalized older adults, this course will: 1. Review the specific aging associated changes in body systems and functions and distinguish between pathological and normal aging. 2. Assist physical therapists in being agents of change within the acute care environment for promoting functional mobility as a risk factor for hospital readmissions of older adults as well as a predictor of future post-acute function. 3. Apply use of common functional measures to the acute care environment in order to serve physical therapists as part of the discharge planning team, resource utilization in the therapy department, and advocating for nurse-driven mobility programs. 4. Encourage physical therapists to be more pro-active in functional mobility for hospitalized older adults in order to prevent further functional decline and/or prevent a downward spiral of events leading to post-acute functional decline in previously independent older adults.

THE MALE PELVIC FLOOR

Donna Carver, PT

3:15PM-5:15PM, 2CCUs

The pelvic floor muscles are responsible for a variety of functions. These muscles support the pelvic organs, assist in bowel and bladder control, and contribute to sexual function. A pelvic floor physical therapist can help both women and men to improve their pelvic muscle strength for bladder and bowel control and for decreasing pain, but, pelvic floor therapy can do more to help men decrease pressure on the nerves that supply the pelvic area, to improve blood flow, and can even help men to improve erectile function. This course will introduce the general physical therapy clinician to the pelvic floor dysfunctions found specific to the male population and to the basic physical therapy interventions used in pelvic floor rehabilitation specific to men.

COURSES

EFFECTIVENESS AND IMPACT OF EXERCISE ON CARDIOVASCULAR FUNCTION IN PEOPLE WITH PARKINSON'S DISEASE: A SYSTEMATIC REVIEW OF THE LITERATURE

Kristen Barta, PT, DPT, PhD, NCS and Germaine Ferreira, PT, DPT, MSPT, BHMS

8AM-10AM, 2CCUs

Parkinson's disease (PD) is a neurodegenerative disease impacting a person's physical function and cardiovascular health. The activity limitations that a person develops due to neurologic impairments further complicates cardiovascular function leading to additional participation restrictions. The changes within the nervous system can lead to blunted maximum heart rate and blood pressure response to exercise which likely contributes to lower peak oxygen consumption levels as compared to healthy peers. Additionally, bradykinesia and rigidity may further limit a person with PD ability to participate in high intensity exercise and not fully reach peak oxygen consumption during activity which can lead to deconditioning. Studies have shown that participation in an exercise program can improve peak oxygen consumption similar to healthy matched peers. In the review of literature, exercise protocols focused on training people with PD at 80-85% heart rate max to achieve changes in peak oxygen consumption. Various strategies of exercise demonstrated positive improvements, but all focused on high intensity and increasing heart rate. Additionally, breathing exercise targeting the inspiratory musculature have also shown advancements in cardiovascular strength as measured by spirometry testing. In depth discussion of clinically relevant applications will be presented in this educational session.

PHYSICAL THERAPY MANAGEMENT OF NEUROSARCOIDOSIS

Damian Rodriguez, PT, DPT, NCS, GCS

8AM-10AM, 2CCUs

The session will present information on the physical therapy management of Neurosarcoidosis within the first year of diagnosis. Neurosarcoidosis, a subset of Sarcoidosis is a systemic inflammatory disease, characterized by granulomas, or centrally organized collections of macrophages and epithelioid cells enriched by lymphocytes, usually forming multinucleated giant cells. Neurosarcoidosis is heterogeneous; it is found in the central nervous system (CNS) and peripheral nervous system (PNS). These areas of inflammation in the nervous system lead to cranial neuropathies (most often optic and facial nerves) 23-73% of the time, headaches, sensory symptoms, pyramidal weakness, imbalance and ataxia, seizures, muscle spasms, cognitive decline, fatigue, and hypopituitarism. Meningeal involvement and spinal cord involvement occur 3-19 and 10-21% of the time, respectively. Ultimately, these signs and symptoms are determined by the affected area of the nervous system. Current research on physical therapy management and recommendations for Neurosarcoidosis are extremely lacking and provide little insight into patient response to treatment or recommendations for intervention. Attendees will be provided with background information on the disease, treatment recommendations, outcome measures, and precautions to promote effective and safe treatment.

COURSES

SAFELY TREATING PT PATIENTS WITH DIABETES COMORBIDITY

Han-Hung (Floyd) Huang, PT, PhD

8AM-10AM, 2CCUs

Diabetes is one of the most common comorbidities of patients in the PT clinics. When treating a PT patient who also has diabetes, there are some potential risks of physical activity and exercise that we need to recognize before, during and after patient visit. This course will focus on specific considerations and precautions when treating PT patients with higher risk of hypoglycemia, diabetes-related macrovascular diseases, microvascular diseases and orthopedic limitations. The participants will be able to provide a safer and more effective PT care for patients with diabetes as a comorbidity.

TECHNOLOGY: WEARABLES, TRACKERS, AI. HELPFUL? HARMFUL? OVERWHELMING?

Whitney Reese PT, DPT, OCS, SCS, TPS

8AM-11AM, 3CCUs

This course will provide an introduction to classess of wearable devices. We will explore common uses, devices, misconceptions, and clinical utility including emerging AI analysis features and how to equip the clinician for the rapidly changing use of technology.

RACING TO THE FRONT: EVALUATING AND TREATING THE RUNNING ATHLETE

Zachary Meineke PT, DPT, OCS

8AM-10AM, 2CCUs

This course will provide an introduction to running mechanics and common deviations and their associated injuries. It will provide an introduction to treatment options to address weakness to improve gait efficiency and reduce injury risk.

COURSES

BEATING BURNOUT THROUGH PROFESSIONAL DEVELOPMENT: FROM STUDENT TO PROFESSOR AND BEYOND

F Scott Feil, PT, DPT, EdD and Rebekah Griffith PT, DPT, NCS, FiT 9AM-11AM, 2CCUs

No matter where you are in your physical therapy career, professional development is an integral component of navigating success and can help with mitigating. Students, clinicians, and full-time professors all need to work on professional development in order to achieve a career that feels successful and fulfilling. Benefits of professional development planning include control of your path, decreased burnout, increased retention, improved efficiency, and clear identification and prioritization of needs. Before signing up for more courses and adding more letters to your credentials, and prior to starting new trainings, or committing to mentorship or coaching, make a plan! Operating from a growth/abundance mindset perspective helps guide you towards your specific vision, higher calling, and zone of genius. This session prepares you for an amazing career trajectory, no matter what stage you find yourself in. Keeping things flexible, adaptable, and re-assessing every few years (as good Physical Therapists do) will also allow you room for personal and career growth, some of which may even make you uncomfortable, and we encourage that. This evidence-informed presentation introduces tools and techniques for an organized and efficient career plan, while the active learning sessions will help reinforce these new plans in a safe learning environment and demonstrate how they can help mitigate burnout.

SHARON DUNN, PT, PHD
KEYNOTE SPEAKER

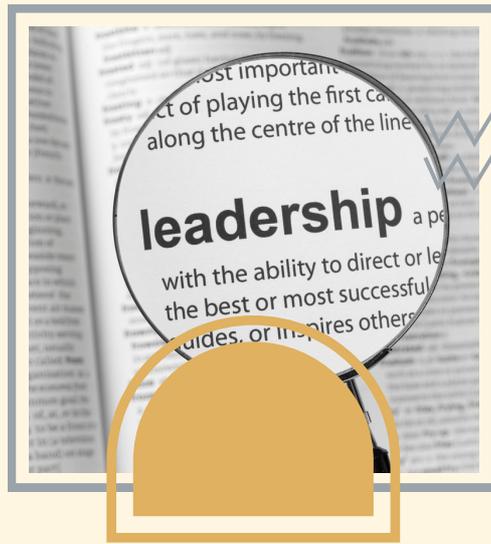


Dr. Dunn previously served on the PT faculty and as program director, teaching professional issues, anatomy, biomechanics, and orthopaedic PT and is a past-president of the American Physical Therapy Association.

SPECIAL EVENTS



STUDENT BOWL



TOM WAUGH

SPEAKER BIOS

Elizabeth “Libby” Anderl, PT, DPT

Libby is Board-Certified Clinical Specialist in Neurologic Physical Therapy and full-time clinician at TIRR Memorial Hermann, where she specializes in inpatient brain injury and stroke rehabilitation. She is a graduate of the TIRR Memorial Hermann Neurologic PT Residency Program in 2016 and has since served as a clinical mentor for the residency program. Libby is actively involved in disorders of consciousness grant-funded research, program development for the rehabilitation network through the Brain Injury Rehab Network Core Group, and teaching as an invited speaker for the TIRR Education Academy. Her professional service includes membership on the ANPT KTTask Force to support implementation of the Core Outcome Measures CPG. For the past 2 years, she has served as the clinical mentor for the TIRR Memorial Hermann Neurologic PT Residency Program project Knowledge to Action: Implementation of Clinical Practice Guidelines in Inpatient Rehabilitation.

Brent D. Anderson PT, PHD, OCS, NCPT

Dr. Brent Anderson, a licensed Physical Therapist and Orthopedic Certified Specialist for more than 30 years, received his doctorate degree from the University of Miami in 2005 in physical therapy. His dissertation theme was “Randomized Clinical Trial Comparing Active versus Passive Approaches to the Treatment of Recurrent and Chronic Low Back Pain”. Dr. Anderson is the founder of Polestar Pilates and responsible for developing the Polestar Pilates international curriculum. Dr. Anderson is the author of the book, ‘Principles of Movement’ and has contributed chapters regarding Pilates for rehabilitation in multiple physical therapy textbooks. Dr. Anderson lectures widely at national and international symposia and consults with universities, hospitals, dance companies and conservatories throughout the world. Dr. Anderson specializes in movement science, performing arts medicine, chronic pain management, real time ultrasound, manual therapy and manipulation. Dr. Anderson was president of the Performing Arts SIG, APTA and Chairman of the Board of Shake A Leg Miami. Dr. Anderson currently serves on the board of directors of School of the Arts for Boys Academy and is Assistant Professor at the University of Saint Augustine, College of Rehabilitative Sciences.

Austin Alexander, PT, DPT, PhD(c)

Dr. Austin Alexander, PT, DPT, PhD(c) is a licensed physical therapist with a clinical focus in pediatric physical therapy. He is a founding core faculty at the developing hybrid accelerated DPT program at Northwest University in Kirkland, WA, where he serves as assistant professor with a teaching and research background directed in anatomical education and early childhood intervention. Research interest include use of technology to enhance learning, gold standards in anatomy education, anatomic variation influence on function, and environmental influences on developmental delay in the pediatric population. Clinically, Dr. Alexander works as a pediatric physical therapist dedicated to patient centered care and has clinical experience in a variety of settings, including inpatient rehab, acute care, neonatal intensive care unit, home health, early childhood intervention, and outpatient rehabilitation. He was recognized in 2018 by Betty Hardwick Center as the provider of the year. Dr. Alexander is married to his wife Kelsey. They have four children Hank, Parker, MillieKate, and BrantleyJo.

SPEAKER BIOS

Kristen Barta, PT, DPT, PhD, NCS

Kristen Barta has been a practicing physical therapist since 2002. During her career she has worked in a variety of clinical settings gaining experience in the areas of acute care, inpatient rehabilitation, and outpatient therapy. She is board certified in Neurology and has devoted most of her career to the treatment of people with neurological disorders. At the beginning of 2013 she made the exciting transition to academics which was a long-term career goal. Her area of clinical research involves studying how the use of more specialized delivery of auditory cues impacts gait in people with Parkinson's disease. In the research of academics, she is interested in understanding more the perceptions of the learner and the interaction between faculty and students.

Bobby Belarmino, PT, DPT, PhD, CCS

Bobby Belarmino, PT, DPT, PhD, CCS is an Assistant Professor in the Department of Physical Therapy at the UT Health San Antonio in San Antonio, Texas. He has a board certification for cardiovascular and pulmonary physical therapy from the American Board of Physical Therapy Specialties. He has been an active member of APTA since 1996. He earned a Bachelor of Science in Physical Therapy at Virgen Milagrosa University Foundation in the Philippines and a Master's degree in Applied Physiology at Columbia University in New York. He completed his Doctor of Physical Therapy at MGH Institute of Health Professions at Boston, Massachusetts, and completed his PhD in Physical Therapy at Texas Woman's University in Houston, Texas. Currently, he serves as the Chair of the Online Education Committee of the Academy of Acute Care PT, and a member of the Research Committees in the Academy of Acute Care PT and Academy of Cardiovascular and Pulmonary PT. He is also a reviewer for the Journal of Acute Care Physical Therapy. Bobby has been a physical therapist for over 30 years. During these years, he has practiced across the spectrum of care settings focusing in cardiovascular and pulmonary specialty practice. However, the majority of his clinical practice years have been in the Intensive Care Unit (ICU)/Acute Care settings. His research interests are as follows: critical care IPE simulation; ICU rehabilitation; reducing hospital readmission in the cardiovascular and pulmonary populations; and improving frailty in elderly population through rehabilitation interventions.

Janet R. Bezner, PT, DPT, PhD, FAPTA Chair - Department of Physical Therapy - Texas State University

Janet Bezner, PT, DPT, PhD, FAPTA is professor and chair of the Department of Physical Therapy at Texas State University. She received a bachelors degree in physical therapy at the University of Texas Medical Branch, a masters degree from Texas Woman's University, a PhD in health education from the University of Texas, and a DPT degree from Rocky Mountain University of Health Professions. She is a national board-certified health and wellness coach. She was vice president of education, governance, and administration at APTA for nine years, and served on APTA's Board of Directors prior to joining its staff. Janet has practiced in a variety of health care settings, including hospitals, home health, long-term care, and corporate wellness, and her research has resulted in 14 book chapters, 30 published articles, eight grants, and numerous conference presentations on health and wellness-related topics. She is a recipient of the Lucy Blair Service Award and is a Catherine Worthingham Fellow of the APTA.

SPEAKER BIOS

David Browder, PT, DPT, OCS

David Browder, PT, DPT, OCS is Chief Executive Officer of Texas Physical Therapy Specialists and a founding partner of Confluent Health. Texas Physical Therapy Specialists is a rapidly growing physical therapy private practice in South and Central Texas and boasts one of the largest orthopedic and sports physical therapy residencies in the US.

Dr. Nicole H. Brown, PT, DPT, OCS, SCS, FPS, CSCS

Nicole H. Brown, PT, DPT, Fellow of Pain Sciences, received her doctorate of physical therapy from Baylor University, in 2009. She is currently a physical therapist with the U.S. Army and holds board certifications as an Orthopedic and Sports Clinical Specialist and is also a Certified Strength and Conditioning Specialist. She developed a passion for persistent pain patients while working with Service Members with polytrauma and limb loss and loves teaching other clinicians and patients about pain neuroscience. She has presented at several conferences, conducted continuing education courses and is a guest lecturer for the US Army Baylor DPT program, U.S Airforce Physical Therapy Residency and faculty for the Department of Defense Physical Therapy Military Musculoskeletal Residency. Dr. Brown served as the 1st brigade physical therapist for 3d Cavalry Regiment, FT Hood, TX and completed a 12-month deployment to Iraq with the unit. She is the former Assistant Chief of PT and Chief of the Limb Loss/Polytrauma PT Clinic of a large military medical center in the National Capital Region (NCR). While in the NCR, she also served as the PT consultant to the White House. She recently served as the Assistant Chief of the largest Outpatient Physical Therapy Service for the Department of Defense and now serves as a Battalion Executive Officer in the San Antonio area. Dr. Brown is a mom to two amazing children (9 and 10) and married to a former Armor Officer. When they have free time, it is spent playing with their children, running the occasional road race, home improvement projects and going on sight-seeing adventures.

Derrick Campbell, PT, DPT, DSc-Assistant Professor and Director of Clinical Education

Dr. Derrick Campbell, Assistant Professor, and University of St. Augustine for Health Sciences Texas-Director of Clinical Education earned a BS in Physical Therapy (1994) & BA in Biological Sciences (1989) from SUNY at Buffalo, New York, a DPT in Physical Therapy from A T Still University, Mesa, Arizona (2012), and a Doctor of Science (ScD) in Physical Therapy from Texas Tech University Health Sciences Center, Lubbock, Texas (2021). He has extensive experience as a physical therapist clinician, clinical instructor, and administrator, providing adult and pediatric orthopedic, neurologic, sports, and rehabilitation services. He is an orthopedic board-certified specialist in physical therapy from the ABPTS. Academic teaching experience includes evidence informed practice, differential diagnosis, clinical skills, clinical decision-making, geriatric physical therapy, musculoskeletal, and physical therapy practicum courses on professionalism and advocacy. Dr. Campbell is an elected member of the APTA-Texas House of Delegates, responsible for national policies, and the Texas Consortium for Physical Therapy Clinical Education. His research is focused on clinical decision-making during clinical experiences, simulation-based learning, telehealth, and patients living with dementia. He continues to present nationally and internationally on his research.

SPEAKER BIOS

Donna Carver, PT

Donna is the owner of Purely Pelvic Floor Rehab, located in Corinth, Tx. In the past 26 years, she has prepared several continuing education courses on a variety of different physical therapy topics, but her focus in the last 12 years has been in providing education on pelvic floor physical therapy. She has served as an item writer for FSBPT and AAWM board exams. Donna holds a US Patent for an artificial disc implant. Donna implemented and then served 5 years as the Program Director for a local PTA program. She served 3 years as the Government Affairs Chair for NTD/TPTA and has maintained active membership in both TPTA and APTA since 1995. She is an active section member with APTA Pelvic Health. She has been recognized for her commitment to education and excellence in physical therapy practice with the Ruby Decker Award, the Outstanding Clinical Educator Award, and the Exceptional Teaching Award. Most recently she was invited to APTA's Journal of Women's Health Physical Therapy as a peer reviewer and then was recruited as a speaker and panel expert for the ASCRS Pelvic Floor Consortium. She is currently partnering with the UNT Behavioral Analysis program on researching the Utility of Surface Electromyography in the Rehabilitation of Pelvic Floor Muscle Strength.

Erica Charee Colclough, PT, MSPT, Board-Certified Cardiovascular and Pulmonary Specialist

Erica Charee Colclough graduated from Georgia State University in May 2007 with a Masters of Science in Physical Therapy. Erica started the first 5 years of her practice in the acute care setting before transitioning to practicing primarily in the critical care setting. Erica completed Mercer's cardiovascular and pulmonary residency in May 2015 and obtained a specialization in cardiovascular and pulmonary physical therapy in 2016. Erica has presented nationally and locally at the APTA Combined sections meeting, Georgia Chapter of the APTA, International Society for Heart and Lung Transplantation, and guest lectured in several entry level DPT programs regarding the scope of cardiovascular pulmonary practice/clinical management of critically ill patients. Erica is active in the Georgia Chapter of the APTA providing mentorship to entry level DPT within the diversity, equity, and inclusion program.

Nydia Tijerina Darby, PT, DPT, CIAYT, ERYT500

Nydia is a DPT, Therapeutic Yoga Specialist and Certified Yoga Therapist. An experienced yoga educator, writer, published author, and international presenter on Therapeutic Yoga Lifestyle practices, Nydia collaborates with University of Texas Health in San Antonio as a published yoga and cancer researcher. She developed the Therapeutic Astanga Method™ over 40 years and is the Owner & Creative Director of Nydia's Yoga Therapy Studio and the Open Hand Institute in San Antonio, Texas. She offers continuing education to clinicians in various fields introducing integrative methods of practicing into their lives and clinical work. She also provides community access to therapeutic yoga through her studio.

Susan Dixon Doherty, PT, DPT, Cert. MDT, TPS

Dr. Doherty attended the University of St. Augustine for Health Sciences in St. Augustine, Florida obtaining a doctorate in physical therapy, and is board certified by the American Board of Physical Therapy Specialists. She has advanced certification in Therapeutic Pain, and Manual Diagnostic Therapy in addition, she has specialized training in pelvic floor, and Real Time Ultrasound applications for pelvic floor dysfunction. She is working at Memorial Hermann Sports Medicine and Rehabilitation in Houston, Texas.

SPEAKER BIOS

Alyson Ellis PT, DPT, OCS, TPS

Dr. Alyson Ellis is the Director of Talent and Development for Confluent Health. She works with clinicians and leadership to establish development pathways, grow as leaders in the field, and effectively manage energy to become sustainable providers and leaders in the healthcare space.

Alyson believes that investing in leaders and healthcare providers through supporting development and sustainability is vital to providing patients with quality care, as well as running a successful business. She operates under the belief that how we show up matters.

Alyson has successfully completed an orthopedic residency, pain science, pelvic floor, and executive coaching certification. She operated as a Clinic Director of a large, successful physical therapy outpatient clinic for 7 years and was a multi-site manager for 2 years. Under her direct mentorship, Alyson has supported many clinicians in achieving board certification and obtaining teaching and leadership roles in various settings.

Alyson holds a Doctorate in Physical Therapy from Youngstown State University and a Masters in Organizational Development and Executive Coaching from University of Texas, Dallas.

F Scott Feil, PT, DPT, EdD

Dr F Scott Feil, PT, DPT, EdD, Cert-APHPT: Dr Feil has spoken at national conferences such as APTA Combine Sections Meeting (2022,2023), APTA Educational Leadership Conference (2018, 2022), and APTA Private Practice Annual Conference (2022, 2021) on topics ranging from Financial Literacy to Intrapreneurship. He has had to personally design and redesign his career development plan several times over as he has had to navigate transforming from English Major to Physical Therapist to full time faculty member. Dr Feil credits his commitment to a career development plan in helping him maintain a great life-work flow in his roles as a husband, father, physical therapist, business owner, and professor.

Germaine Ferreira, PT, DPT, MSPT, BHMS

Dr. Ferreira is a Clinical Associate Professor in the Doctor of Physical Therapy Program at Baylor University, Waco, Texas with 25 years of clinical experience, and over 7 years in academia. She has a Bachelor of Homoeopathic Medicine and Surgery, a Master of Science in Physical Therapy, and a Doctor of Physical Therapy degree. She has disseminated at several state, national and international conferences, has co-authored chapters in textbooks, publications, and peer-reviewed abstracts. Dr. Ferreira's research focuses on heart failure, cardiopulmonary diseases, diseases that impact older adults, autoimmune disorders, spina bifida, and musculoskeletal pathologies. Dr. Ferreira has maintained an exceptional record of teaching, scholarship, service, and professional development.

Jennifer Frerich PT, DPT, OCS, FAAOMPT

Jennifer attended Texas Women's University where she graduated with her doctorate in physical therapy in 2012. She earned her board specialization in Orthopedics in 2013 and Fellowship in Manual Therapy in 2015. She is faculty and mentor for the OPTIM Manual Therapy PTA-OMTS, COMT, and Fellowship Program. She received the Outstanding Clinical Instructor of the Year Award in 2014 and APTA Emerging Leader in 2017. She is manager for the Memorial Hermann- Bellaire clinic. She is an avid Crossfitter and enjoys treating patients with sports and activity related injuries.

SPEAKER BIOS

Christy Gantt, DPT, Director of Clinical Education and Clinical Associate Faculty, Baylor University

Christy Gantt is a Clinical Associate Professor and Director of Clinical Education in the Baylor University Department of Physical Therapy. She has been in physical therapy education since 2007 and has been a core faculty member at Baylor DPT since its inception in 2017. After earning BS and masters degrees from Texas A&M University, Dr. Gantt completed both a MPT and DPT degree through the U.S. Army-Baylor University Graduate Program at the Army Medical Department Center and School (AMEDDC&S). Dr. Gantt has served in various components in the U.S. Army for 29 years as a PT and physician extender, providing patient care, clinic leadership, and student instruction at various assignments in the US and abroad. As a civilian, Dr. Gantt spent 14 years as the Program Director and full-time faculty in the Blinn College PTA Program. Through positions in both Military Medical Training Support and National Emergency Response Agencies, she has been an educator, facilitator, and designer of training exercises to develop and promote the skills of both civilian and military medical personnel as they prepared to deploy for response to various emergencies. She resides in College Station, Texas and enjoys traveling, outdoor adventures, and spending time with her husband, five children, family, and friends.

Rebekah Griffith PT, DPT, NCS, FiT

Dr. Griffith has a vision for her career to remain challenged as a leader in the physical therapy profession through maximizing knowledge, professional growth, clinical skill, and expanding practice by participating in patient care, community & professional service, student development, and professional mentorship. In service of this vision, she is a mother, physical therapist, business owner, mentor, coach, clinical instructor, and delegate. She is the creator of the Rebekah Griffith Physical Therapy LLC as well as The ED DPT and host of In the ED Now, a podcast to create excellent Emergency Department PTs. Dr Griffith has spoken nationally at APTA CSM (2022) and APTA Private Practice Graham Sessions (2023) digital triage and access to physical therapist services.

Dr. Kristi Hammerle, PT, DPT, CBS

Kristi Hammerle is a physical therapist, certified breastfeeding specialist, and owner of a pediatric therapy private practice, Year One Wellness, in Austin, TX. She specializes in treating infants with breastfeeding and other motor challenges. Her interest in assisting infants with breastfeeding as a first movement milestone evolved after recognizing the uniqueness of the physical therapist's skill set in addressing the posture, strength, coordination, and reflexive movement involved in this activity. Since exploring this area of practice, she has spoken with healthcare providers, therapy students, and caregivers at the local, state, and national levels to share the importance of lactation-informed physical therapy for breastfeeding infants. Other budding interests within the PT field include advocacy work to help advance the physical therapy profession.

SPEAKER BIOS

Han-Hung (Floyd) Huang, PT, PhD

Dr. Han-Hung (Floyd) Huang is a PT in Texas and Taiwan. Since 2006, he has participated and conducted various basic science and clinical research projects on diabetes and physical therapy. In 2011, he completed his PhD training in Rehabilitation Science at the University of Kansas Medical Center. In 2021, Dr. Huang received Texas Tech University System Chancellor's Council Distinguished Research Award. Recently, he volunteered as a PT in an interdisciplinary diabetes clinic at a federally qualified health center (FQHC) in West Texas for two years. Dr. Huang's current research focus is how physical therapists can better help people with diabetes. One of his career goals is to improve health, wellbeing, and quality of life for people with or at risk for diabetes.

Zachary Kovacevic PT, DPT, OCS, FAAOMPT

Dr. Zachary Kovacevic is a clinic director and physical therapist in San Antonio, TX working primarily in an outpatient orthopedic private practice setting. He is a board-certified orthopedic clinical specialist and a Fellow of the American Academy of Orthopaedic Manual Physical Therapists. Zachary completed an orthopedic residency in 2019 and completed his fellowship training in orthopaedic manual physical therapy in 2022. Prior to furthering his clinical career, he completed both his undergraduate degree and clinical doctorate at Bradley University in Peoria, IL. In addition to treating patients, Zachary also enjoys mentoring learners with an emphasis on clinical reasoning, prescriptive dosing, and promoting accuracy in the examination and subsequent treatment. He is also faculty for Evidence in Motion, teaching virtual and weekend intensive courses focusing on orthopedic manual physical therapy.

Marcos Lopez PT, DPT

Dr. Marcos Lopez, is bilingual, fluent in English and Spanish. He is native to El Paso, Texas, where he completed his Doctor of Physical Therapy (DPT) degree at University of Texas El Paso. Following his DPT, he graduated from the Orthopedic Physical Therapy Residency program at the University of Texas Southwestern Medical Center, and is a board certified Orthopedic Clinical Specialist (OCS). Additionally, he is a certified Therapeutic Pain Specialist and a Fellow in Manual Orthopedic Physical Therapy, both of which he completed through Evidence In Motion (EIM). Professionally, he has had the privilege of speaking at national and international multi-disciplinary conferences with a target audience of physicians, physician assistants, and rehabilitation professionals speaking all things physical therapy, pain recovery, and opioid use disorder. Marcos has aspirations to travel nationally and internationally. A few bucket list items include white water rafting, deep sea fishing, visiting the Grand Canyon and Zion National park. He is a proud uncle of 3 kiddos based in the Dallas area. When not working in the clinic, he enjoys outdoor activities like hiking and trail running. He also enjoys participating in obstacle course races! He is a sucker for brunch food and sweets. An ideal day outside of clinic would be spent with family and/or friends, include live music outdoors, and a tasty cool beverage.

Anna Mangano, PT, DPT, MCS, AIB-VAM

Dr. Mangano has been a practicing PT for 7 years now. She graduated from UT Southwestern in 2015 with her Doctorate in Physical Therapy. She completed a Neurological Residency program with Baylor Scott and White Institute of Rehabilitation and TWU in 2017. She received her Board Certification as a Neurological Clinical Specialist in 2018. Since then, Dr. Mangano has been treating patients with neurological impairments. Her niche practice has developed into management of the Vestibular system and she has presented multiple research posters at National and International Conferences.

SPEAKER BIOS

Robert Meier, CO

Robert Meier, CO, has been active in the fields of orthotics, therapeutic exercise and biomechanics since 1978, and has been conducting education programs since 1982. His special interest is in applied closed chain biomechanics and muscle function. He has developed and taught numerous courses across North and South America, Australia and Europe on gait assessment, rehabilitation and orthotics. He holds six patents applying functional biomechanics to lower extremity and spinal interventions.

Zach Meineke PT, DPT, OCS, MTC

Zach attended Concordia University in Nebraska where he earned his bachelor's degree in Biology. Upon graduation, he earned his Doctor of Physical Therapy (DPT) from Concordia University in Wisconsin, where he continued to practice as a Physical Therapist until moving to Austin. Zach is a Board-Certified Orthopaedic Specialist and has received his Manual Therapy Certification through Evidence In Motion. Having been raised in a family of educators, Zach is passionate about educating patients so that they can best understand their treatment and how it will help them achieve their goals. Zach enjoys being active and remains an avid runner. He and his wife met while competing in track and cross country at the collegiate level. Both continue to train and compete, although their training runs have evolved to include more stroller use to provide an outing for their four young children. Zach loves being with his family and rooting for all his hometown Colorado sports teams.

Misty Miller, PT, DPT - Assistant Professor and DCE

Dr. Misty Miller, Assistant Professor and Director of Clinical Education for Texas Tech University Health Sciences Center, completed her Master of Physical Therapy (1997) and Doctor of Physical Therapy (2011) at Texas Tech University Health Sciences Center. Dr. Miller worked for a large health system for 17 years as a staff physical therapist, department supervisor, department manager and in 2014 became the Director of Inpatient Therapy Services. Her primary areas of practice include Acute Care and Inpatient Acute Rehab, but she has also spent time practicing in pediatrics, NICU, and wound care. In 2011 she joined TTUHSC as an adjunct faculty member helping with guest lectures and lab in the Cardiopulmonary PT Practice course. In 2014 she accepted a full-time position as an Assistant Professor and is also currently serving as the Director of Clinical Education for the PT program. Her primary teaching responsibilities include Foundational Skills, Communication and Clinical Education, Inpatient and Integumentary Practice, Cardiopulmonary PT Practice, and Clinical Reasoning. Her areas of interest in research are focused on simulation-based learning, student resiliency, and clinical reasoning. Dr. Miller is an active member of the American Physical Therapy Association, American Council of Academic Physical Therapy, and the Texas Consortium for Physical Therapy Clinical Education.

Melissa Mitchell, PT, DPT

Melissa is a Board-Certified Clinical Specialist in Neurologic Physical Therapy and full-time clinician at TIRR Memorial Hermann, where she specializes in inpatient spinal cord injury and specialty rehabilitation. She is also an Adjunct Professor at The University of Texas Medical Branch in Galveston where she teaches in the entry-level DPT neurologic curriculum. She graduated from Washington University School of Medicine in St. Louis with a Doctor of Physical Therapy (DPT) and completed her residency training through the TIRR Memorial Hermann Neurologic Residency PT Program. She serves as the clinical mentor for the TIRR Memorial Hermann Neurologic PT Residency Program project Knowledge to Action: Implementation of Clinical Practice Guidelines in Inpatient Rehabilitation.

SPEAKER BIOS

Rajashree Mondkar, PT, MSPT, CCS

Rajashree Mondkar, PT, MSPT, CCS, is a physical therapist with over 38 years of experience treating patients in the U.S., U.K., India, and Qatar. She is currently a Physical Therapist and Rehab Education Specialist in a critical care at Houston Methodist Hospital. She is program coordinator for the Critical Care Fellowship and Acute Care Residency. Rajashree earned a Bachelor of Science (Physiotherapy) and Master of Science (Cardiovascular & Pulmonary Physiotherapy) at the University of Bombay, India, and is Board-Certified Clinical Specialist in Cardiovascular and Pulmonary Physical Therapy.

Ben Morgan PT, DPT, ATC, LAT, OCS, TPS, FAAOMPT

Dr. Morgan is the Regional Managing Partner for North Austin, and the Residency Director for Texas Physical Therapy Specialists

Dr. Morgan attended Texas Tech University Health Sciences center in Lubbock where he graduated with Masters of Physical Therapy in 2004 and Masters of Athletic Training in 2005. In 2012, he completed a transitional Doctorate in Physical Therapy (DPT) through Evidence In Motion with a focus on orthopedics and manual therapy. In 2013, he became Board Certified in Orthopedics (OCS) and completed EIM's Manual Therapy certification. In 2015, he completed a Fellowship in Orthopedics and Manual Physical Therapy and was awarded Fellowship status by the American Academy of Orthopedic Manual Physical Therapists. He has since followed up with specialty training in Chronic Pain through the International Spine and Pain Institute (ISPI). He also practiced as a licensed Paramedic for the local MICU level 911 service in Lubbock. In the clinic, Dr. Morgan strives to provide the best orthopedic care for all conditions with a focus on spine and chronic pain. Ben serves as a Managing Partner and Residency Director for TexPTS with a focus on the growth and development of our clinical staff and team building. He likes to spend his spare time with his wife, Cassie, and daughter, Madeline, play washers with friends, and try his hand at BBQing. He also travels the US teaching Physical Therapy and Leadership skills through Evidence in Motion.

Heidi Moyer, PT, DPT, GCS, CEEAA

As a Board-Certified Clinical Specialist in Geriatric Physical Therapy (GCS) and a Certified Exercise Expert in Aging Adults (CEEAA), Heidi Moyer (they/them) is a current full-time Assistant Clinical Professor in the Angelo State University Doctor of Physical Therapy program and has previous experience teaching continuing education for Evidence in Motion, Illinois Physical Therapy Association, and for conferences such as National Student Conclave and Combined Sections Meeting. Their clinical experience includes inpatient rehab, home health, long-term acute care hospital, skilled nursing facility, and outpatient physical therapy. Heidi is an active APTA Geriatrics member, serving as a leader in multiple roles for APTA Geriatrics with the State Advocate Program and Balance and Falls Special Interest Group (BFSIG) as well as for the Illinois Physical Therapy Association, where they are the active chair of the IPTA Geriatric Special Interest Group (GeriSIG). Heidi was the recipient of the APTA Geriatrics President's Award in 2020 and the APTA Emerging Leader Award in 2019 and looks forward to continuing to push the boundaries for care for older adults in all settings. Dr. Moyer currently serves as the director of the Evidence in Motion Geriatric Certification Program.

SPEAKER BIOS

Janelle O'Connell, PT, DPT, PhD, LAT

Dr. Janelle O'Connell is currently the Dean of the College of Health Professions at Hardin-Simmons University and a Professor in the Department of Physical Therapy where she has taught since 1996. Dr. O'Connell holds a Bachelor of Science degree from Central Michigan University in Physical Education with a concentration in Athletic Training, a Master of Arts degree in Exercise Physiology from Kent State University and her Ph.D. in Health Promotion and Disease Prevention from the University of Toledo. She received her MPT and transitional-DPT from Hardin-Simmons University. Dr. O'Connell serves as a journal reviewer for Physical Therapy and an accreditation site reviewer for the Southern Accreditation of Colleges and Schools (SACS). Her research has focused on health behavior, spirituality, and adherence to physical therapy/exercise programs, trust, health promotion and disease prevention. In 2009, she received the William R. Gould Memorial Outstanding Physical Therapy Faculty Member Award from the Texas Physical Therapy Association and in 2013 she was recognized as the Faculty Member of the Year at Hardin-Simmons University. Dr. O'Connell is actively involved in the HSU PT Ministries program where she has planned and conducted local, state, and international mission trips for the DPT students at Hardin-Simmons University. In 2019, she and her husband, Dr. Dennis O'Connell were the recipients of the APTA Humanitarian Award.

Suzy Okere, PT, PhD

Suzy Okere has been teaching in physical therapy programs for over 20 years. Her research interest focuses on the cultural competence of student physical therapists. She leads an annual study abroad program taking student physical therapists to Atenas, Costa Rica. Suzy has been involved with holistic admissions for the last 8 years.

Apurva B. Pancholy, MD, FPMRS

Dr. Apurva Pancholy received his medical degree at the University of Miami Medical School in Miami, Florida and completed his residency training in Obstetrics and Gynecology at New York Medical College in Valhalla, New York. His fellowship in Female Pelvic Medicine and Reconstructive Surgery was completed at Good Samaritan Hospital in Cincinnati, Ohio. Board certified in Obstetrics and Gynecology and Female Pelvic Medicine and Reconstructive Surgery, Dr. Pancholy has been practicing medicine since 2000. Since then he specializes in Female Pelvic Medicine and Reconstructive Surgery with clinical interests in pelvic organ prolapse, urinary incontinence, fecal incontinence and pelvic pain. Houstonia recognized Dr. Pancholy as a Top Doc for 2013. He is fluent in Hindi and Gujarati and treats patients 18 years old and up. His practice philosophy is to provide high quality patient centered care. He believes in listening and spending as much time as needed with his patients and providing individualized care. He offers patients a wide variety of treatment options including non-surgical effective care. Dr. Pancholy is married with three children and enjoys sports, cooking and spending time with his family.

SPEAKER BIOS

Ann Pharr, MS, PT, ScD, GCS

Dr. Ann Pharr is founding core faculty at the developing hybrid accelerated DPT program at Northwest University in Kirkland, WA, where she serves as associate professor and co-director of clinical education. She has over 6 years of experience in academic physical therapy, serving in a prior core faculty position with South College School of Physical Therapy in Knoxville, TN, as assistant professor and assistant director of clinical education and at University of Mary Hardin-Baylor School of Physical Therapy as an adjunct faculty. Dr. Pharr's academic teaching has included Management of the Aging Adult, Acute Care and Cardiopulmonary Management, Integumentary Management, and Complex Patient Management. Dr. Pharr is a Board Certified Geriatric Clinical Specialist and a Level 1 Credentialed Clinical Instructor. Dr. Pharr's clinical experience has spanned over 28 years in the acute care, inpatient rehabilitation, and skilled nursing settings. Dr. Pharr lives in Georgetown, TX, where she is enjoying the "good life" of an empty nest with her husband and two spoiled Aussiedors.

Myles Quiben, PT, PhD, DPT, MS, FNAP

Myles Quiben, PT, PhD, DPT, MS, FNAP is a Professor and Associate Dean at the School of Health Professions at the University of North Texas Health Science Center. She is a board-certified clinical specialist in Neurologic and Geriatric Physical Therapy. She serves on the movement system task forces in APTA Geriatrics and the Academy of Neurologic Physical Therapy. Dr. Quiben is an advanced simulation instructor, a TeamSTEPPS trainer, and an APTA Clinical Instructor Trainer. She served on the boards of APTA Geriatrics and ABPTS, and is a Fellow of the APTA Education Leadership Institute, the National Academies of Practice, and the Texas Physical Therapy Association. She completed a Fellowship in Geriatric Research at UT Health in San Antonio, obtaining an MS in Clinical Investigation. Scholarly interests include movement and functional outcomes, simulation and interprofessional education in physical therapy, frailty and multimorbidities, health and wellness, differential diagnosis, and leadership and faculty development.

Leeda Rasoulia, PT, DPT, OCS, FAAOMPT

Dr. Rasoulia has been a licensed PT since 2014. She completed a fellowship in manual therapy and orthopedics in 2017 and is a board certified orthopedic clinical specialist. Dr. Rasoulia currently practices in outpatient orthopedics with a primary focus on movement modification, wellness, and manual therapy. Dr. Rasoulia is a member of the musculoskeletal team at Texas State University and serves as a clinical instructor for the on-campus clinic. She has been involved in holistic admissions for the last 6 years.

SPEAKER BIOS

Whitney Reese PT, DPT, OCS, SCS, TPS

Dr. Reese earned her Clinical Doctorate in Physical Therapy from Regis University. Prior to that, she obtained her Bachelor of Science from the University of the Incarnate Word.

Dr. Reese is a dual credentialed Ortho and Sports Specialist. She serves as a Lead Mentor and co-instruction in Ortho and Sports Residency Programs at TexPTS. She is currently in coursework to obtain her FAAOMPT. Dr. Reese is on Faculty at the University of St Augustine in Austin Texas. Whitney specializes in concussion management and sports performance and is most interested in treating all sports

Damian Rodriguez, PT, DPT, NCS, GCS

A licensed physical therapist since 2015, Damian Rodriguez has practiced primarily in the area of neurologic rehabilitation with a focus on individuals with Spinal Cord Injury, Stroke, and Traumatic Brain Injury. He completed the Texas State University Neurologic Physical Therapy Residency Program in August of 2016 and earned his Board certification to be a Specialist in Neurologic Physical Therapy in June of 2017 and a Geriatric Specialist in 2019. Damian is a Clinical Assistant Professor at Texas State University Department of Physical Therapy where he coordinates the Neuroscience sequence, and provides content for integumentary management, complex patient management, Patient Care Skills, and as a clinical instructor during Directed Clinical Education. In addition to teaching, he works at St. David's Medical Center in the Acute, Inpatient Rehabilitation, and Outpatient setting with patients who have sustained a variety of neurologic and orthopedic diagnoses.

Marsha Rutland, PT, BSPT, MEd, ScD, OCS, COMT, C-DN, CSCS

Marsha Rutland, PT, BSPT, MEd, Sc.D., OCS, COMT, CSCS, C-DN is a professor of Physical Therapy at Hardin-Simmons University DPT program. She received her BS in Physical Therapy (University of Texas Health Science Center- Dallas ,1979), Master of Education (Hardin-Simmons University, 2002) and an Sc.D. in Orthopedic Physical Therapy (Texas Tech University,2008). She is certified as an APTA Orthopedic Clinical Specialist (OCS) (2003, 2013) and has her certification as an IAOM orthopedic manual therapist (COMT)(2007). Additionally, she is a Certified Strength and Conditioning Specialist (2003) and a IAOM Certified Dry Needler (C-DN). Dr. Rutland has 44 years of clinical experience in a variety of settings, with mainly outpatient orthopedics x last 20+ years. She was a Clinical Instructor for 20 years and was recognized in 2002 by the Texas Consortium for Physical Therapy Clinical Education, Inc. as an outstanding Clinical Instructor. Dr Rutland received the William R. Gould Memorial Outstanding Physical Therapy Faculty Member Award from the Texas Physical Therapy Association (2011), Award for HSU Teaching Excellence (2014) and received the HSU Faculty Member of the Year award in 2021. Additionally, she received the American Physical Therapy Association Dorothy Baethke-Eleanor J. Carlin Award for Excellence in Academic Teaching (2022). She was a recipient of the Academy of Advanced Item Writers (2019). Her teaching responsibilities include Clinical Anatomy I and II, Diagnostic Imaging, and Healthcare Management. Dr. Rutland's research interests center around anatomy, orthopedic assessment, hypermobility, and treatment issues.

SPEAKER BIOS

Emily Sandvall, MEd, Director of Clinical Operations, Baylor University

Emily Sandvall joined the Department of Physical Therapy and the Department of Occupational Therapy as the Director of Clinical Operations in December 2022. In her role, she works collaboratively with clinical faculty and a team of Program Managers to support the clinical experiences for students in the Doctor of Physical Therapy and Doctor of Occupational Therapy programs. Previously, Emily served as the Senior Director of Undergraduate Programs in the School of Engineering and Computer Science at Baylor, working closely with the recruitment, retention, and student success of undergraduate students in those programs (2011-2022) and as the Assistant Director of New Student Programs in the Division of Student Life, coordinating Baylor Line Camp, an extended orientation experience for new students (2008-2011). Prior to her time at Baylor, she served in various student affairs roles at Southern Methodist University, Belmont University, Azusa Pacific University, and Pomona College.

Lauren Szot, PT, DPT, NCS

Dr. Lauren Szot is an Associate Clinical Professor at Texas Woman's University School of Physical Therapy, a clinician at TIRR Memorial Hermann in inpatient rehabilitation, and a Board-Certified Clinical Specialist in Neurologic Physical Therapy. She graduated with a Master of Physical Therapy and transitional Doctorate of Physical Therapy from Louisiana State University Health Sciences Center in Shreveport, LA. She is a graduate of the TIRR Memorial Hermann Neurologic Residency Program and has since served as clinical and research mentor for the residency program. Dr. Szot teaches in the area of neurologic rehabilitation, gait and orthotics, clinical integration, and professional practice and also serves as the Assistant Director of Clinical Education. She has been an active member of the profession through her service in a variety of roles at the national, state, and district levels. She is currently a member of the ANPT Knowledge Translation Taskforce for the Clinical Practice Guideline for Locomotor Function and as the Chair of the TPTA Southeastern District.

Tania Tablinsky, PT, DPT

Dr. Tania Tablinsky is founding core faculty at the developing hybrid accelerated DPT program at Northwest University in Kirkland, WA, where she serves as assistant professor and co-director of clinical education. She has over 8 years of experience in Physical Therapy Education, serving as PTA Program Director for Rasmussen University previous to that served as Director of Clinical Education for Wingate University's DPT Program. She has also served as Associate Dean for Allied Health Programs at Keiser University. Dr. Tablinsky's academic teaching has included Cardiopulmonary Management, Foundations of Practice, Neuromuscular Physical Therapy and Management/Administration in Practice. Dr. Tablinsky is certified in Hybrid Teaching and Adult Pedagogy. She is also an Advanced Credentialed Clinical Instructor. Dr. Tablinsky's clinical background is in geriatrics and neuro treatment. Dr. Tablinsky has served various roles within the FSBPT as item writer and task forces as well as positions for the North Carolina and Florida PT Association Chapters. Currently, she serves as Chair for the Ethics Committee for the FPTA. Dr. Tablinsky lives in Tampa, Florida and enjoys the warm weather, outdoor activities with her family and her two dogs Lila and Hans.

SPEAKER BIOS

Elise Tamburelli PT, DPT, OCS, CSMT, FAAOMPT

Dr. Tamburelli received her Doctorate in Physical Therapy from UT Southwestern Medical Center at Dallas in 2010. Prior to this, she received a BA in Dance from Texas Women's University where she was a member of the international touring company as well as a member of a local professional dance company. Dr. Tamburelli became an Orthopedic Clinical Specialist (OCS) in 2014, a Certified Spinal Manual Therapist (CSMT) in 2015, and in 2019 completed a fellowship in orthopedic manual physical therapy, achieving the status of Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT). These specializations allow Dr. Tamburelli to be actively involved in education, teaching in-house for TexPTS as well as across the country for Evidence in Motion and the Bellin College Fellowship. Dr. Tamburelli is also the Residency Coordinator for TexPTS San Antonio region, supporting both residents and mentors alike. When she's not in clinic or traveling the country teaching, Dr. Tamburelli enjoys spending time with her family in the great outdoors, preferably by a body of water and with good music!

Joe Tatta, PT, DPT

Joe Tatta, PT, DPT is founder of the Integrative Pain Science Institute, a cutting-edge health company reinventing pain care through evidence-based treatment, research, and professional development. His career achievements include scalable practice models centered on integrative whole health approaches in pain management, health behavior change, and empowering physical therapists to serve as primary care providers. He is a regular CSM speaker, 3x author, adjunct professor in the Arcadia University DPT program, and founding member of the Physical Therapy in Mental Health Catalyst Group at the Academy of Leadership and Innovation. He is passionate about implementation science and strategies that facilitate the uptake of evidence-based practice into regular use by practitioners and stakeholders. The culmination of his work is the PRISM: Pain Recovery and Integrative Systems Model. Rather than focusing on pathology or impairments, PRISM promotes health, resilience, and personal growth to facilitate pain recovery, providing a framework for clinical decision-making.

Dana Tew, PT, DPT, OCS, FAAOMPT

Dana specializes in orthopedic physical therapy. His experience includes clinical management of patients with both acute and chronic orthopedic injuries in the outpatient environment. His practice is focused on integration of manual therapy and exercise into a holistic, evidence-based and biopsychosocial approach to physical therapy treatment. He has served as director for both orthopedic residency and fellowship programs. He has professional awards including clinical educator and clinician of the year. Dana has presented at many conferences including CSM, APTA National Conference, AAOMPT, and TPTA annual conference. Dana earned his APTA Board Certification in Orthopedic Physical Therapy and is also a Fellow, in the American Academy of Orthopedic and Manual Physical Therapists. He has served locally for the Southeastern District, as a delegate for the TPTA, and nationally on the American Board of Physical Therapy Residency and Fellowship Education credentialing council for the APTA.

SPEAKER BIOS

Trianna Warkentin, PT, MS, NCS

Trianna Warkentin, PT, MS, NCS has been a therapist for over 30 years, and a Board-Certified Clinical Specialist in Neurologic Physical Therapy since 1996. She has treated patients in a variety of settings, including critical care, transplant, med/surg, emergency room, skilled nursing, outpatient, and inpatient rehabilitation units in large teaching organizations, and has presented at both national and state level conferences. She continues to be an active therapist in the inpatient setting and an active clinical instructor.

Allyson Wessells, PT, MPT, IBCLC

Allyson is a physical therapist, International Board Certified Lactation Consultant (IBCLC), and co-owner of a private practice, Nurture Columbus, in Columbus, Ohio. She received a Masters in Physical Therapy from Northwestern University in 1999, and became an IBCLC in 2014. Her approach to identifying and overcoming breastfeeding challenges is unique with a foundation in posture, movement and reflexive function. She endeavors to engage colleagues to recognize breastfeeding as an extension of pregnancy and birthing, often requiring collaborative care to achieve goals and optimal health outcomes. Publications include co-authorship in the Journal of Human Lactation (2022), American Journal of Maternal/Child Nursing (2021), and Clinical Lactation (2020).

Emily Whiddon, Assistant Director of Clinical Procurement and Placement, Baylor University

Emily Whiddon is the Assistant Director of Clinical Procurement and Placement serving the Doctor of Occupational Therapy and Doctor of Physical Therapy students. She helps students with resume and cover letter review, personal branding, interview preparation, job search assistance and job offer negotiation. Emily works with employers on their recruitment needs and discusses the many ways they can hire Baylor students. Additionally, Emily is also involved in the procurement process for clinical rotations. Prior to her current role at the Baylor University Career Center, Emily worked for PALS Home Health where she held many different positions before moving into the role of Director of Marketing and Recruiting. She also served in ministry for over 13 years. Emily decided to make a career change and began working for the Baylor University Career Center in February of 2022.

SPEAKER BIOS

Ann Wilkes, PT, DPT

Dr. Wilkes is a licensed physical therapist practicing in home health care with past experience in acute care, ICU, in-patient rehab, and outpatient settings spanning 18 years. Dr. Wilkes has over 4 years experience in academic physical therapy serving as associated faculty at Baylor University, South College in Knoxville TN, and Hawaii Pacific University in Honolulu HI. Across these institutions, Dr. Wilkes has served as co-lead instructor, consultant/lead, and lab assistant for Management of the Complex Patient and assistant in PT fundamentals, PT Examination, Management of the Aging Adult, Acute Care and Cardiopulmonary Management, and Functional Movement. She lives in Georgetown TX with her husband and two children and is often found enjoying the outdoors, adventuring, and serving with her family in the community.

Brian Young, PT, DSc

Brian Young, PT, DSc, is Clinical Associate Professor and Interim Department Chair at the Baylor University Doctor of Physical Therapy program, where his teaching responsibilities are diagnostic imaging and musculoskeletal examination and treatment. Prior to this position, he served 21 years in the US Air Force where he practiced and taught advanced physical therapist skillsets of direct access and diagnostic imaging. He is a board certified Orthopaedic Clinical Specialist and a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (AAOMPT) and is presently the Vice President of the Academy of Orthopedics Imaging Special Interest Group. Dr. Young is actively engaged in clinical research assessing medical screening, diagnostic imaging, and management of cervical spine musculoskeletal disorders.

Gail Zitterkopf, PT, DPT, CLT

Dr. Gail Zitterkopf PT, DPT, CLT is the Program Manager of the Pelvic Floor Health Program of Memorial Hermann Health System. She is certified by the Integrative Pelvic Health Institute in Women's Health Nutrition for Physical Therapy Professionals and the Norton School as a Certified the Norton Therapist and is presently in the process of pursuing Visceral Manipulation certification through the Barrall Institute. She is presently in the mentorship phase prior to completion of her BCB-PMD through The Biofeedback Certification International Alliance. Gail currently serves the Academy of Pelvic Health as the Federal Affairs Liaison was a 2020-21 member of the Pessary Task force and leads the Perinatal Task Force. Postpartum Outcomes Act created in partnership with Jamie Herrera Beutler (R-WA). Re-introduced on April 6, 2023, Rep. Don Bacon (R-NE) and Rep. Lisa Blunt Rochester (D-DE) reintroduced the Optimizing Postpartum Outcomes Act in the House of Representatives. This APTA-led, bipartisan legislation is aimed at increasing awareness of the importance of Pelvic Health Physical Therapy. Gail also authored the Texas HR 593 and SR 350 the Fourth Trimester resolutions. Gail received Tom Waugh Leadership Development Program- Fellow in 2016. She has been an American Red Cross Instructor since 1992 and an Instructor Trainer since 1997 teaching first aid, CPR through Emergency Medical Response courses. She is fluent in American Sign Language (ASL) and Irish-Gaelic. She specializes in medically complex pediatric pelvic floor patients and mentoring those newer to the profession. Gail enjoys practicing her new culinary and pastry skills on family and friends. Spending time with family and enjoying outdoors sports. She is a member of Caring Critters, serving as the human guide for her therapy dog who serves at Ben Taub and Tanglewood.

SPEAKER BIOS

Samit D. Soni, MD

Samit D. Soni, MD, graduated summa cum laude from the Chemical Engineering Honors program at The University of Texas at Austin in 2003. He earned his medical degree from Baylor College of Medicine in Houston and completed his urology residency training at Baylor College of Medicine and Houston Methodist Hospital. Subsequently, he went on to complete fellowship training in minimally invasive surgery and endourology at Baylor College of Medicine.

Board certified in urology, Dr. Soni is a fellowship-trained urologist with a focus in complex robotic surgery and specializes in the treatment of cancers or tumors of the kidneys, prostate, ureters, bladder, adrenal glands and testes with robotic procedures as well as robotic ureteral reconstruction surgery, endoscopic and percutaneous surgery for complex and large kidney stones, robotic simple prostatectomy for enlarged prostate, laparoscopic nephrectomy for polycystic kidney disease and laparoscopic repair of varicocele.

Kristi Trammell, PT, DPT, NCS, ADCE

Dr. Kristi Trammell is currently an associate professor in the University of Mary Hardin-Baylor (UMHB) DPT program. In addition, she serves as the program's Assistant Director of Clinical Education and the Curriculum Coordinator for the Baylor Scott & White Health/UMHB Neurologic PT Residency Program. Dr. Trammell has been a full-time DPT faculty member since 2017. Her primary teaching responsibilities include Neuromuscular Rehab I and II, Development of Human Movement, Critical Inquiry, and Clinical Education Courses.

Dr. Trammell has worked in a variety of settings, including acute care, inpatient rehabilitation, outpatient rehabilitation, and skilled nursing facilities. She received her Bachelor's degree in Biology from Baylor University in 2004 and both her MPT and transitional DPT from Texas Tech University Health Sciences Center in 2007 and 2012 respectively. Most recently, she completed her Doctor of Education degree with a focus on Health Professions Education from A.T. Still University in September 2023. She has concentrated her clinical practice in neurorehabilitation and in acute care/critical care and became a Board-Certified Clinical Specialist in Neurologic Physical Therapy in 2018.

REGISTRATION

Registration opens August 1, 2023. *To receive the member registration rate, you must login to your TPTA account. Username is your APTA number. If you are a TPTA member do not create a new login. If you are unable to login to your member account, email lmaxwell@tpta.org for assistance.

	Early (closes 8/31/2023)	Regular (closes 10/6/2023)	Onsite
PT Member	\$300	\$325	\$475
PTA Member	\$250	\$275	\$400
PT Non-Member	\$400	\$425	\$550
PTA Non-Member	\$350	\$375	\$525
Student Member	\$150	\$150	\$200
Student Non-Member	\$175	\$175	\$200

*CCUs are not issued to students

** You must have a badge to access courses/expo hall, no expo only passes

Cancellations/Refunds

You may submit a written request to lmaxwell@tpta.org by 11:59pm on **Friday, October 6, 2023** for a full refund. No refunds after that date.